

little

SAHARA

MENU



WELCOME TO SAHARA GRILL

Sahara Grill is a well known, established chain of restaurants, specialising in providing classic and original grilled dishes. With a passion for bringing inspired dining to the heart of today's flourishing grill culture, reputation for unique grill cuisine and fine food preparation quickly spread far and wide. Gourmet and good food lovers have long made Sahara Grill renowned as their dining destination of choice.

The Sahara Grill experience offers an intriguing combination of time-honoured methods of food preparation and fresh ingredients with surprising recipes to create exquisite mouthwatering dishes of sheer grilled delight, often with a contemporary twist. Complete with a warm welcome from friendly, discreet staff who set a naturally relaxed and laidback tone, you are assured of a different and uplifting dining-out experience.

At Sahara Grill we do not pre-cook any of our food, all of our food is cooked to order. Waiting times can reach 20-30 minutes at peak times.

We strictly do not allow food or drink purchased from outside to be consumed on our premises.

Sahara Grill stop serving for 10 minutes, during prayer times. Last orders for eating in are 30 minutes before prayer time. Last orders for takeaway are 15 minutes before prayer time. Prayer times are available from staff at request.

There is a 10% + VAT Room charge for family rooms (Leyton branch only)

Allergy Awareness

**Some of our dishes may contain nuts or dairy products.
If you suffer from any allergies or intolerances, please speak to
a member of staff before ordering.**

Thank you for visiting us,
Enjoy your meal.

DEAR VALUED CUSTOMER,

IN SOLIDARITY WITH THE PALESTINIAN PEOPLE, WE HAVE CHOSEN TO
WITHDRAW COCA-COLA & PEPSICO BEVERAGES FROM OUR MENU.

WE ENCOURAGE OUR VALUED CUSTOMERS AND FELLOW BUSINESSES TO
CONTEMPLATE SIMILAR PEACEFUL ACTIONS, UNITING IN SOLIDARITY WITH
THOSE FACING OPPRESSION.

#FREEPALESTINE

INTRODUCING

100%
PURE BEEF

SAHARA *Smash* burger

EXCLUSIVE TO THE WALTHAMSTOW BRANCH

Prime beef, lightly seasoned, with lettuce, sliced tomatoes, gherkins and fried onions in a butter glazed brochette bun

Smash Original
Mustard, Tomato sauce

Smash Heat HOT
Sahara sauce

Smash BBQ
BBQ sauce



Single £5.45 | Double £7.45

Make it a meal (reg chips & soft drink) add £2

Image is for illustration purposes only.

Meal deal

includes 1 regular side & soft drink.

Gourmet Beef Burgers

Melted cheddar cheese, lettuce,
tomatoes, caramelised onions, mayo

Classic Burger
Tomato relish

Mex Burger
Guacamole and salsa

BBQ Cheese Burger
BBQ sauce

Red Hot Burger **HOT**
Sahara chill sauce

£8.95

Flamed-Grilled Chicken Burgers

Melted cheddar cheese, lettuce,
tomatoes, caramelised onions, mayo
caramelised onions, mayo

Sahara XXL **HOT**
Marinated in Sahara Grill spices

Cajun XXL
Marinated in Cajun spices

£9.95

Eat different.

little **SAHARA**

*Images are for illustration purposes.



Meal deal

includes 2 regular sides & soft drink.

Sahara Flamed-Grilled Chicken H&T

Quarter Chicken

£8.95

Half Chicken

£12.95



Eat different.

little SAHARA

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Meal deal

includes 1 regular side & soft drink.

Sahara Chops HOT

Mutton Chops
(4 pieces)

£12.95

Lamb Chops
(4 pieces)

£17.95



Eat different.

little SAHARA

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INTRODUCING

DIRTY CHIPS

STEAK CHIPS LOADED WITH JALAPENO PEPPERS & MINCED CHICKEN, TOPPED WITH MELTED CHEESE AND A CHOICE OF SAHARA OR PICANTE SAUCE

£5.95



little SAHARA

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APPETISERS

Sahara Chops **HOT**

Tender lamb or mutton chops marinated in Sahara Grill signature spices and flamed grilled to your liking, slightly on the hot side but will leave you wanting more.

Mutton	Lamb
12.75	16.95

Sahara Wings **HOT**

Fresh tender chicken wings in a spicy, hot and tangy sauce. Served with sour cream and chives

9.95

Chicken Tenders

Strips of prime fresh chicken breast lightly seasoned, hand battered and deep-fried until golden brown. Served with BBQ sauce

6.75

Sahara Shrimps

Battered shrimp, coated with our signature sauce

10.45

Prawn Croquettes

Served with a sweet red chilly dip

8.95

Corn on the Cob

Char-grilled and served with butter on the side

4.25

Scampi Light

Breaded wholetail scampi, deep-fried served with tartar sauce

7.45

Fish Bites

Chunks of cod, battered and fried, served with a sour cream dip

7.95

Hummus

Hummus served with strips of toasted pitta

5.25

Tzatziki

Cool and tangy greek yoghurt dip with cucumber and garlic, served with toasted pitta bread

5.25

Olives

Mixed marinated olives

5.25

Halloumi cheese

Grilled halloumi cheese

5.25

Mixed Dip Platter

A variety of Mediterranean mezzes served with toasted pitta

12.75

SALADS

Greek Salad

Tomatoes, onions, olives, cucumber and feta cheese with a dash of olive oil dressing

6.95

Mediterranean Salad Supreme

Mediterranean salad served with a prime chicken fillet marinated and flame-grilled

12.75

Greek Salad Supreme

Greek Salad served with a prime chicken fillet marinated and flame-grilled

13.45



BURGERS

XXL CHICKEN BURGERS

Prime chicken fillets marinated, flame-grilled and topped with melted cheddar cheese, lettuce, tomato and onions finished off with mayonnaise in a toasted sesame seed bun.

Sahara XXL - Marinated in Sahara Grill spices **HOT**

Cajun XXL - Marinated in Cajun spices

Tropical Heat - Marinated in mild spices, with chilli relish and grilled pineapple chunks

Single Double

8.45 13.25

8.45 13.25

8.45 13.25

BEEF BURGERS

100% pure beef burgers of the highest quality, individually made and hand pressed by Sahara Grill. Flame-grilled to your liking topped with melted cheddar cheese, lettuce, tomatoes and onions finished off with mayonnaise in a toasted sesame seed bun.

Classic Burger - Topped with tomato relish

Mex Border Burger - Topped with guacamole and salsa

BBQ Cheese Burger - Topped with BBQ sauce

Red Hot Burger - Topped with Sahara Chilli Sauce **HOT**

Single Double

7.95 11.45

7.95 11.45

7.95 11.45

7.95 11.45

VEGETARIAN BURGERS

100% pure vegetable burgers of the highest quality, topped with melted cheddar cheese, lettuce, tomatoes and onions finished off with mayonnaise in a toasted sesame seed bun.

A choice of 3 toppings:

Tomato relish, Guacamole and Salsa or BBQ sauce

Halloumi Burger - halloumi with a tangy tazitki sauce in a toasted bun with lettuce and tomato

6.75

7.25

BURGERS EXTRAS

Gherkins 0.55 | Extra Cheese 1.05 | Pineapple 1.05 | Jalapeno peppers 0.55

S-FORCE KIDS MEAL

Mini Beef Burger and Curly Fries

Flame-grilled, hand pressed beef patties.

Choose your toppings from, Cheese, Mayonnaise, Ketchup, Lettuce, Tomatoes or Caramelised onions

5.95

Mini Chicken Burger and Curly Fries

Tender chicken breast pieces topped with melted cheese.

Choose your toppings from Mayonnaise, Ketchup, Lettuce, Tomatoes or Caramelised onions

5.95

Fish Fingers and Curly Fries

5.95

Chicken Tenders and Curly Fries

5.95

Scampi and Curly Fries

6.75

Chicken Steak and Curly Fries

5.95

Add cheese on fries 1.00

Kids Ribena Blackcurrant or Strawberry

1.75

Kids Fresh Orange Juice

1.95

Kids Fresh Apple Juice

1.95



SAHARA FLAME-GRILLED CHICKEN

Chicken on the bone marinated in our signature Sahara Grill **HOT** spices and flame-grilled to order (sides served on the same plate)

	On its own	With 2 reg. sides
Quarter Chicken	4.65	8.45
Half Chicken	8.45	11.75
Whole Chicken	14.45	

REGULAR SIDES

Regular Chips 3.35 | Seasoned Rice 3.35 | Mediterranean Salad 3.25
 Coleslaw (Made in house) 3.75

ADDITIONAL SIDES

Cheesy Chips 4.45 | Curly Fries 4.25 | Seasoned Chips 3.95 | Mash Potato 4.45

To exchange the regular sides for the additional sides +£1.50 each

SAUTÉ

Seasoned rump or chicken steak cut into strips or prawns sautéed with picante gravy, onions and peppers. Served with chips or seasoned rice

Chicken Beef Prawns

9.95 11.75 14.45

FAJITAS

Grilled rump or chicken steak, cut into strips and served with pico de gallo, fresh guacamole, sour cream and hot tortillas.

Chicken Beef Prawns

11.75 13.45 14.45

MIN FRITE

Prawns, seasoned rump or chicken steak cut into strips stir-fried with noodles, Chinese veg, carrots and cabbage

Beef Chicken Prawns Special Veg

11.75 9.95 14.45 15.75 10.95

RIZ FRITE

Prawns, seasoned rump or chicken steak cut into strips stir-fried with rice, Chinese veg, carrots and cabbage.

Beef Chicken Prawns Special Veg

11.75 9.95 14.45 15.75 10.95

EXTRAS

Picante Gravy Sauce	1.45
Sour Cream & Chives	1.25
Sahara Wing Sauce	1.65
Toasted Pitta Bread	0.85
Tortilla	0.85
Feta Cheese	2.75



STEAKS

CHICKEN STEAKS

Sahara Chicken Steak **HOT**

Marinated in Sahara Grill spices and flame-grilled to order. Served with coleslaw and chips

13.45

Cajun Chicken Steak

Marinated in Cajun spices and flame-grilled to order. Served with coleslaw and chips

13.45

The Original Pepper Chicken Steak

Mildly marinated and topped with pepper corn sauce and flame-grilled to order. Served with coleslaw and chips

13.95

BEEF STEAKS

Beef Rump Steak

Seasoned Rump steak, flame-grilled to your liking. Served with caramelised onions, picante gravy and chips

Single

Double

16.95 28.75

Rib-Eye Steak **HOT**

Rib-Eye steak marinated in Sahara spices and flame-grilled to your liking. Served with caramelised onions, picante gravy and chips

20.95

LAMB STEAKS

Sahara Lamb Fillet Steak **HOT**

Seasoned lamb fillet steak marinated in Sahara spices and flame-grilled to your liking. Served with caramelised onions, picante gravy and chips

Single

Double

19.95 34.75

STEAK EXTRAS

Cheese

1.05

Mushroom Sauce

3.25

Pepper Corn Sauce

2.95

Fried Egg

1.65

Prawns

5.45

Mash Potatoes Instead of Chips (additional)

1.50



Ocean Delight

Char-grilled salmon fillet, lightly seasoned and topped with a creamy mushroom sauce, spectacular in flavour. Served with Rice & Salad

14.45

Scampi

Breaded wholetail scampi, deep fried served with steak chips and tartar sauce

10.45

Fish Burger

Deep fried cod fillet in crisp breadcrumb coating. Served in a sesame seed bun with in house tartar sauce

6.75

PLATTERS TO SHARE

Sahara Platter **HOT**

Whole Sahara flame-grilled chicken. Served with a large portion of Mediterranean salad and steak chips or seasoned rice

22.95

Beef Sauté Platter

Prepared from three rump steaks, cut into strips and sautéed with picante gravy, onions and peppers. Served with a large portion of chips or seasoned rice

30.45

Chicken Sauté Platter

Prepared from three chicken steaks, cut into strips and sautéed with picante gravy, onions and peppers. Served with a large portion of chips or seasoned rice

25.45

Sauté Combo

Prepared from two rump and two chicken steaks, cut into strips and sautéed with picante gravy, onions and peppers. Served with a large portion of chips or seasoned rice

33.95



DRINKS

JUICES

Freshly Squeezed Orange Juice

4.95

Fresh Apple Juice

3.95

MOCKTAILS

Sahara Mint Crush

A blend of fresh mint, lemon and apple crushed in ice

5.95

Sahara Passion

A blend of fresh mint & passion fruit crushed in ice

5.95

Lychee Blast

A blend of Lychee and hint of lemon blended with ice

5.95

FRAPPES

Mocha Frappe

Delicious mocha flavoured ice cold drink

4.95

Mango Frappe

Seriously chilled mango with a hint of vanilla for serious refreshment

4.95

Vanilla Frappe

Ice cold vanilla flavoured drink

4.95

SOFT DRINKS

Green Cola

Zero calories, no sugar, naturally sweetened with Stevia plant

2.50

Curiosity Cola

Botanically brewed with natural herbal extracts

3.45

Tango Orange

2.50

Tango Paradise Punch (sugar free)

2.50

R.Whites Lemonade

2.50

Rio Tropical

2.50

Barbican (Strawberry)

3.50

Mineral Water (500ml)

2.25

Mineral Water (1.5L)

4.95

Treacle Sponge Pudding with Custard

A light sponge covered with Syrup and custard 5.75



Toffee Apple Crumble with Custard

Individual portions of baked apple filling topped with crunchy crumble, a rich toffee sauce and custard 5.75

Chocolate Pudding with Custard

A light chocolate sponge with chocolate flavoured chips, topped with a rich sticky chocolate sauce and custard 5.75



Toffee Pudding with Custard

A light chocolate sponge topped with a rich toffee sauce and custard 5.75

Branches

Ilford

406-408 Cranbrook Road
Ilford, IG2 6HW
TEL: 020 8554 0707

Leyton

427-437 High Road Leyton
Leyton, E10 5EL
TEL: 020 8558 6444

Whitechapel

49-53 New Road
Whitechapel
London, E1 1HH
TEL: 020 7247 7803

Hounslow

101-105 High Street
Hounslow, TW3 1QT
TEL: 020 3026 1111



Opening Hours

Monday to Thursday
12pm - 11:30pm

Friday
2pm - 12am

Saturday & Sunday
12pm - 12am



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